

Policy JCDAAA School Wellness

Issued 6/17

Purpose: To comply with federal and state law and regulation by setting forth goals and standards that promote student health and wellbeing. This policy therefore provides:

- specific goals for nutrition education and promotion, physical activity, and other school-based activities that promote student wellness
- standards and guidelines for all foods available during the school day
- guidance for public involvement, policy leadership, and periodic evaluations of the district's compliance with this policy

The following are the elements of the district's school wellness policy:

- The district will engage stakeholders and the public in developing, implementing, and assessing district-wide wellness policies and practices.
- The foods and beverages available to students at schools during the school day (excluding infrequent fundraiser) will comply with current federal and state regulations.
- Qualified child nutrition professionals will provide students with access to a variety of affordable, nutritious, and appealing foods that meet the health and nutrition needs of students.
- School meals will be served in clean, safe, and pleasant settings and an adequate amount of time will be allowed for students to eat.
- To the maximum extent practical, all schools will participate in federal school meal programs, including the School Breakfast Program and the National School Lunch Program.
- Schools will provide nutrition education and physical education aligned with state standards.

Adopted 9/26/06; Revised 8/26/14, 6/13/17

Legal references:

Federal Law:

The Child Nutrition and WIC Reauthorization Act of 2004, [Pub. L. No. 108-265](#), 118 Stat. 729.

Healthy, Hunger-Free Kids Act of 2010, [Pub. L. No. 111-296](#), 124 Stat. 3183.

Federal Regulations:

National School Lunch Program and School Breakfast Program: Nutrition Standards for All Foods Sold in School, [7 C.F.R. Parts 210](#) and [220](#) (2016).

Local School Wellness Policy Implementation, [7 C.F.R. Parts 210](#) and [220](#) (2016).

S.C Code, 1976, as amended:

[Section 59-10-10](#), *et seq.* - Physical education, school health services, and nutritional standards.

[Section 59-10-330](#) - Coordinated School Health Advisory Council (CSHAC).

[Section 59-10-350](#) - Length of elementary school lunch period.

[Section 59-32-30\(A\)\(1\)-\(3\)](#) - Comprehensive health education program; guidelines and restrictions.

State Board of Education Regulations:

[R43-168](#) - Nutrition standards for elementary (K-5) school food service meals and competitive foods.

[R43-238](#) - Health education requirements.

State Board of Education Academic Standards:

2009 Academic Standards for Health and Safety Education.

2014 SC Academic Standards for Physical Education.

2015 SC “Smart Snacks” and Exempt Fundraisers Memorandum.

Other References:

National Standards for Physical Education, NASPE (National Association for Sport and Physical Education).

National Health Education Standards, Joint Committee on National Health Education Standards.

USDA Dietary Guidelines for Americans.

USDA Guide to Smart Snacks in School (2016).

USDA Professional Standards for State and Local School Nutrition Programs (2015).